

## Kewanee Girls Track & Field All-Time Top 10 Individuals

### 55 meter Dash

| YR          | Name             | Time |
|-------------|------------------|------|
| <b>1990</b> | Rachael Toliver  | 7.3  |
| <b>2006</b> | Clarissa LaFlora | 7.66 |
| <b>1999</b> | Lina Colomer     | 7.67 |
| <b>2002</b> | Kari Hayes       | 7.71 |
| <b>2002</b> | Cadance LaFlora  | 7.72 |
| <b>2003</b> | Jacquie Ouart    | 7.73 |
| <b>2005</b> | Sara Cervantez   | 7.74 |
| <b>2007</b> | Sami Heene       | 7.69 |
| <b>2001</b> | Jacquie Ouart    | 7.77 |
| <b>2000</b> | Amber Feurer     | 7.78 |

### 200 meter Dash

| YR          | Name               | Time  |
|-------------|--------------------|-------|
| <b>1990</b> | Racheal Toliver    | 26.2  |
| <b>1982</b> | Lesa Grafton       | 26.54 |
| <b>2004</b> | Clarissa LaFlora   | 26.9  |
| <b>1975</b> | Gloria Guy         | 27.0  |
| <b>2013</b> | Raeshonda Chandler | 27.02 |
| <b>2005</b> | Clarissa LaFlora   | 27.1  |
| <b>2003</b> | Katie Ouart        | 27.1  |
| <b>1986</b> | Nisha Flint        | 27.1  |
| <b>2004</b> | Kari Hayes         | 27.2  |
| <b>2014</b> | Raeshonda Chandler | 27.2  |
| <b>1983</b> | Karol Koepke       | 27.3  |

### 100 meter Dash

| YR          | Name           | Time  |
|-------------|----------------|-------|
| <b>1976</b> | Gloria Guy     | 12.1  |
| <b>2004</b> | Artisha Ramsey | 12.7  |
| <b>2004</b> | Kari Hayes     | 12.7  |
| <b>1979</b> | Diane Crowell  | 12.7  |
| <b>1982</b> | Lese Grafton   | 12.7  |
| <b>1989</b> | Rachel Toliver | 12.7  |
| <b>2002</b> | Katie Ouart    | 12.8  |
| <b>1978</b> | Leatha Roesner | 12.8  |
| <b>1979</b> | Roshell Fields | 12.8  |
| <b>1974</b> | Janice Evans   | 12.8  |
| <b>1986</b> | Kathy Golby    | 12.89 |

### 400 meter Dash

| YR          | Name             | Time               |
|-------------|------------------|--------------------|
| <b>2006</b> | Rachel Stalzer   | 56.38 fat/56.14 mt |
| <b>2005</b> | Rachel Stalzer   | 58.43 fat/58.19 mt |
| <b>2004</b> | Clarissa LaFlora | 59.5               |
| <b>2007</b> | Clarissa LaFlora | 60.5               |
| <b>2005</b> | Clarissa LaFlora | 60.8               |
| <b>2004</b> | Rachel Stalzer   | 61.3               |
| <b>2002</b> | Lindsay Stalzer  | 61.4               |
| <b>1981</b> | Rosie Taylor     | 61.6               |
| <b>1986</b> | Nisha Flint      | 61.8               |
| <b>2006</b> | Clarissa LaFlora | 62.25              |

### 50 Yard Dash

| YR          | Name             | Time |
|-------------|------------------|------|
| <b>1975</b> | Gloria Guy       | 6.0  |
| <b>1974</b> | Janice Evens     | 6.6  |
| <b>1975</b> | Peggy Holtschult | 6.7  |
| <b>1975</b> | Donna Girkin     | 6.7  |

## Kewanee Girls Track & Field

### All-Time Top 10 In 1600 meter Run

#### 800 meter Run

| YR          | Name               | Time                   |
|-------------|--------------------|------------------------|
| <b>2000</b> | Becca Davis        | 2:20.52 mt/2:20.76 fat |
| <b>1987</b> | Amy Reecy          | 2:22.76                |
| <b>1980</b> | Kami Sturtevant    | 2:24.6                 |
| <b>2015</b> | Shauri Vogt        | 02:25.8                |
| <b>1999</b> | Becca Davis        | 2:27.0                 |
| <b>2005</b> | Clarissa LaFlora   | 2:27.1                 |
| <b>1983</b> | Teresa Grafton     | 2:27.2                 |
| <b>2006</b> | Rachel Stalzer     | 2:28.0                 |
| <b>1990</b> | Jennifer Salisbury | 2:30.1                 |
| <b>2005</b> | Rachel Stalzer     | 2:30.4                 |

| YR          | Name            | Time                   |
|-------------|-----------------|------------------------|
| <b>1987</b> | Amy Reecy       | 5:09.7                 |
| <b>1981</b> | Leatha Roesner  | 5:33.6                 |
| <b>2003</b> | Shea Boehle     | 5:36.56 mt/5:36.80 fat |
| <b>2000</b> | Becca Davis     | 5:36.8                 |
| <b>1983</b> | Teresa Grafton  | 5:37.6                 |
| <b>2004</b> | Shea Boehle     | 5:38.0                 |
| <b>1982</b> | Jennifer Jagers | 5:39.3                 |
| <b>2006</b> | Shea Boehle     | 5:41.0                 |
| <b>1990</b> | L.Brady         | 5:47.0                 |
| <b>2005</b> | Shea Boehle     | 5:47.9                 |

#### 100 meter High Hurdles

#### 3200 meter Run

| YR          | Name            | Time                         |
|-------------|-----------------|------------------------------|
| <b>1987</b> | Amy Reecy       | 11:17.46                     |
| <b>1985</b> | Amy Reecy       | 11:29.5                      |
| <b>2005</b> | Shea Boehle     | 12:00.89                     |
| <b>1986</b> | Amy Reecy       | 12:08.9                      |
| <b>2003</b> | Shea Boehle     | 12:10.95                     |
| <b>2004</b> | Shea Boehle     | 12:11.4                      |
| <b>2002</b> | Karyssa Martin  | 12:13.64 [mt] 12:13.86 [fat] |
| <b>1982</b> | Rosellen Pegram | 12:18.2                      |
| <b>1981</b> | Leatha Roesner  | 12:21.6                      |
| <b>2016</b> | Julia King      | 12:28.26                     |

| YR          | Name            | Time               |
|-------------|-----------------|--------------------|
| <b>2006</b> | Rachel Stalzer  | 15.12 fat/14.88 mt |
| <b>2002</b> | Lindsay Stalzer | 14.9               |
| <b>2001</b> | Lindsay Stalzer | 15.1               |
| <b>2005</b> | Rachel Stalzer  | 15.42              |
| <b>2003</b> | Rachel Stalzer  | 15.5               |
| <b>2000</b> | Lindsay Stalzer | 15.53              |
| <b>2004</b> | Rachel Stalzer  | 15.8               |
| <b>1992</b> | Michell Little  | 16.6               |
| <b>2004</b> | Kari Hayes      | 16.65              |
| <b>1999</b> | Lina Colomer    | 16.8               |

## Kewanee Girls Track & Field All-Time Top 10 Individuals

### 300 meter Low Hurdles

| YR          | Name                 | Time         |
|-------------|----------------------|--------------|
| <b>2019</b> | <b>Tristan Nolan</b> | <b>47.68</b> |
| <b>1988</b> | Kelli Goreth         | 48.1         |
| <b>2006</b> | Breanne Christiansen | 48.5         |
| <b>2005</b> | Rachel Stalzer       | 48.7         |
| <b>1990</b> | Candy VanWinkle      | 48.7         |
| <b>2002</b> | Lindsay Stalzer      | 49.6         |
| <b>2001</b> | Lindsay Stalzer      | 49.6         |
| <b>1987</b> | Roxanne Currasca     | 49.78        |
| <b>2007</b> | Breanne Christiansen | 50.1         |
| <b>1990</b> | Karyn Loncka         | 50.3         |

### 200 meter Low Hurdles

| YR          | Name            | Time  |
|-------------|-----------------|-------|
| <b>1980</b> | Diane Crowell   | 31.0  |
| <b>1981</b> | JoAnn Taylor    | 31.12 |
| <b>1982</b> | Diane Vandemore | 32.0  |
| <b>1979</b> | Kelle Lindbeck  | 32.0  |

### 100 Low Hurdles

|             |                 |        |
|-------------|-----------------|--------|
| <b>1987</b> | RoxAnn Carrasca | 15.99  |
| <b>1977</b> | Julie Bumphrey  | 16.10  |
| <b>1985</b> | RoxAnn Johnson  | 16..10 |
| <b>1982</b> | Diane Vandemore | 16.30  |
| <b>1981</b> | JoAnn Taylor    | 16.40  |
| <b>1977</b> | Kathy McKenne   | 16.40  |
| <b>1996</b> | Jenny Tocha     | 16.50  |
| <b>1987</b> | Candy VanWinkle | 16.52  |
| <b>1988</b> | Karyn Loncka    | 16.65  |
| <b>1976</b> | Jamee McGee     | 16.90  |

### 55 meter High Hurdles

| YR          | Name                 | Time |
|-------------|----------------------|------|
| <b>2005</b> | Rachel Stalzer       | 8.48 |
| <b>2002</b> | Lindsay Stalzer      | 8.55 |
| <b>2001</b> | Lindsay Stalzer      | 8.75 |
| <b>2006</b> | Rachel Stalzer       | 8.79 |
| <b>2004</b> | Kari Hayes           | 8.90 |
| <b>2003</b> | Rachel Stalzer       | 9.23 |
| <b>2004</b> | Rachel Stalzer       | 9.46 |
| <b>2007</b> | Breanne Christiansen | 9.59 |
| <b>2003</b> | Kari Hayes           | 9.71 |
| <b>2004</b> | Artisha Ramsey       | 9.70 |

### 55 meter Low Hurdles

| YR          | Name                 | Time |
|-------------|----------------------|------|
| <b>2002</b> | Lindsay Stalzer      | 8.17 |
| <b>2001</b> | Lindsay Stalzer      | 8.5  |
| <b>2004</b> | Kari Hayes           | 8.9  |
| <b>2004</b> | Rachel Stalzer       | 9.1  |
| <b>2006</b> | Breanne Christiansen | 9.2  |
| <b>2003</b> | Kari Hayes           | 9.25 |
| <b>2000</b> | Lindsay Stalzer      | 9.4  |
| <b>2007</b> | Breanne Christiansen | 9.46 |

|             |                 |      |
|-------------|-----------------|------|
| <b>2005</b> | Kelly Cruse     | 9.5  |
| <b>1990</b> | Candy VanWinkle | 9.56 |

## Kewanee Girls Track & Field All-Time Top 10 Individuals

| <u>Pole Vault</u> |                  |        | <u>Triple Jump</u> |                      |               |
|-------------------|------------------|--------|--------------------|----------------------|---------------|
| YR                | Name             | Height | YR                 | Name                 | Distance      |
| <b>2008</b>       | Macie Huff       | 9'11"  | <b>2019</b>        | <b>Molly Welgat</b>  | <b>32' 9"</b> |
| <b>2004</b>       | Rachel Wakefield | 9'06"  | <b>2007</b>        | Jackie Hansen        | 32'08"        |
| <b>2005</b>       | Kim Downs        | 9'03"  | <b>2018</b>        | Molly Welgat         | 32' 6.25"     |
| <b>2009</b>       | Macie Huff       | 9'03"  | <b>2005</b>        | Breanne Christiansen | 32'05.5"      |
| <b>2003</b>       | Rachel Wakefield | 8'06"  | <b>2000</b>        | Brooke Christiansen  | 32'05.5"      |
| <b>2006</b>       | Jessica Jordan   | 8'00"  | <b>2001</b>        | Brooke Christiansen  | 32'04"        |
| <b>2003</b>       | Jenny Lucas      | 8'00"  | <b>2003</b>        | Kim Downs            | 32'03.75"     |
| <b>2003</b>       | Kim Downs        | 8'00"  | <b>2007</b>        | Breanne Christiansen | 32'03"        |
| <b>2002</b>       | Jenny Lucas      | 8'00"  | <b>2002</b>        | Annie Barnett        | 32'01"        |
| <b>2007</b>       | Macie Huff       | 7'09"  | <b>2011</b>        | Lauren Jonmarker     | 32'00.25"     |
| <b>2014</b>       | Savannah Hill    | 7' 09" | <b>1999</b>        | Annie Barnett        | 32'00.25"     |
| <b>2015</b>       | Savannah Hill    | 7' 09" |                    |                      |               |

| <u>Long Jump</u> |                 |           | <u>High Jump</u> |                           |              |
|------------------|-----------------|-----------|------------------|---------------------------|--------------|
| YR               | Name            | Distance  | YR               | Name                      | Height       |
| <b>2001</b>      | Lindsay Stalzer | 18'06.25" | <b>2002</b>      | Lindsay Stalzer           | 5'06"        |
| <b>2006</b>      | Rachel Stalzer  | 18'05.5"  | <b>2001</b>      | Lindsay Stalzer           | 5'05"        |
| <b>2002</b>      | Lindsay Stalzer | 18'01"    | <b>2015</b>      | Iesha Crowe               | 5' 04"       |
| <b>2005</b>      | Rachel Stalzer  | 17'11"    | <b>2006</b>      | Rachel Stalzer            | 5'03"        |
| <b>2003</b>      | Rachel Stalzer  | 17'05.75" | <b>2000</b>      | Lindsay Stalzer           | 5'03"        |
| <b>2000</b>      | Lindsay Stalzer | 17'05"    | <b>1989</b>      | Jackie Greene             | 5'03"        |
| <b>2004</b>      | Rachel Stalzer  | 17'04"    | <b>1988</b>      | Nichelle Nichols          | 5'02"        |
| <b>1999</b>      | Lindsay Stalzer | 16'10.5"  | <b>2003</b>      | Jenny Warner              | 5'02"        |
| <b>1976</b>      | Gloria Guy      | 16'10"    | <b>2012</b>      | <b>Raeshonda Chandler</b> | <b>5'02"</b> |
| <b>2018</b>      | Tyra Bond       | 16'05"    | <b>2013</b>      | <b>Raeshonda Chandler</b> | <b>5'02"</b> |
|                  |                 |           | <b>2016</b>      | Iesha Crowe               | 5' 02"       |
|                  |                 |           | <b>2017</b>      | Iesha Crowe               | 5' 02"       |
|                  |                 |           | <b>2018</b>      | Iesha Crowe               | 5' 02"       |

## Kewanee Girls Track & Field All-Time Top 10 Individuals

### Discus

| YR          | Name                  | Distance       |
|-------------|-----------------------|----------------|
| 2013        | Freya Block           | 136'4"         |
| <b>2011</b> | Freya Block           | 126'06"        |
| <b>2012</b> | Freya Block           | 125' 10.5      |
| <b>1988</b> | <b>Schanique Powe</b> | <b>123'02"</b> |
| <b>2015</b> | <b>Sierra Jordan</b>  | <b>112' 8"</b> |
| <b>1997</b> | Kim Murray            | 109'01"        |
| <b>1988</b> | Charmaine Guy         | 108'00.5"      |
| <b>2010</b> | Freya Block           | 105'07"        |
| <b>2014</b> | Sierra Jordan         | 105' 3"        |
| <b>1984</b> | Teresa Lappin         | 104'07"        |

### Shot Put

| YR          | Name           | Distance |
|-------------|----------------|----------|
| 2013        | Freya Block    | 40' 6"   |
| <b>1988</b> | Schanique Powe | 38'00"   |
| <b>2015</b> | Sierra Jordan  | 37' 7.5" |
| <b>2012</b> | Freya Block    | 37'6.5"  |
| <b>2011</b> | Freya Block    | 36'04"   |
| <b>1982</b> | Kathy Wilson   | 35'07.5" |
| <b>2010</b> | Freya Block    | 35'07"   |
| <b>2006</b> | Jess White     | 35'06"   |
| <b>1982</b> | Mary Seyller   | 34'09"   |
| <b>1997</b> | Kim Murray     | 34'06.5" |

## **Kewanee Girls Track & Field All-Time Top 10 Individuals**

### **800 Meter Medley Relay {100,100,200,400}**

| YR   | Team Members  | Time                       |
|------|---|----------------------------|
| 2005 | Kelly Cruse, Sara Cervantez, Rachel Stalzer, Clarissa LaFlora       |                            |
| 2006 | Sami Harker, Breanne Christiansen, Clarissa LaFlora, Rachel Stalzer | 1:49.94[fat] 1:49.70[mt]   |
| 2004 | Kari Hayes, Artisha Ramsey, Clarissa LaFlora, Rachel Stalzer        | 1:50.27 [fat] 1:50.04 [mt] |
| 2004 | Clarissa LaFlora, Artisha Ramsey, Kari Hayes, Rachel Stalzer        | 1:51.35[fat] 1:51.11 [mt]  |
| 2004 | Kari Hayes, Kelly Cruse, Rachel Stalzer, Clarissa LaFlora           | 1:51.5                     |
| 2003 | Rachel Stalzer, Jenny Lucas, Katie Ouart, Jacquie Ouart             | 1:52.40                    |
| 2005 | Sara Cervantez, Kelly Cruse, Rachel Stalzer, Clarissa LaFlora       | 1:53.09                    |
| 2004 | Kari Hayes, Artisha Ramsey, Rachel Stalzer, Clarissa LaFlora        | 1:53.8                     |
| 2002 | Kari Hayes, Katie Ouart, Jacquie Ouart, Amber Feurer                | 1:53.8                     |
| 2007 | Sara Cervantez, Breanne Christiansen, Sami Heene, Clarissa LaFlora  | 1:54.4                     |
|      |   | 1:54.5                     |

### **3200 meter Relay [4x800 Relay]**

| YR   | Team Members   | Time     |
|------|--|----------|
| 1987 | Reecy, Murphy, J.Blankenbehler, L.Blankenbehler            |          |
| 1986 | Reecy, Carrasca, J.Blankenbehler, L.Blankenbehler          | 10:07.85 |
| 2004 | Sami Harker, Karyssa Martin, Shea Boehle, Clarissa LaFlora | 10:16.2  |
| 2006 | Shea Boehle, Kari Findley, Sami Harker, Clarissa LaFlora   | 10:16.8  |
| 2004 | Shea Boehle, Karyssa Martin, Sami Harker, Clarissa LaFlora | 10:18.6  |
| 2006 | Kari Findley, Shea Boehle, Sami Harker, Clarissa LaFlora   | 10:21.00 |
| 2006 | Clarissa LaFlora, Kari Findley, Sami, Harker, Shea Boehle  | 10:21.77 |
| 1979 | Crowell, Lindbeck, Roesner, K.Sturtevant                   | 10:21.8  |
| 2005 | Shea Boehle, Kari Findley, Sami Harker, Clarissa LaFlora   | 10:26.2  |
| 2005 | Shea Boehle, Rachel Stalzer, Sami Harker, Clarissa LaFlora | 10:28.00 |
|      |  | 10:28.4  |

## **Kewanee Girls Track & Field All-Time Top 10 Individuals**

### **400 meter Relay {4x100}**

| YR   | Team Members  | Time                   |
|------|---|------------------------|
| 2001 | Jacque Ouart, Lexi Peart, Katie Ouart, Lindsay Stalzer        |                        |
| 2003 | Kari Hayes, Jenny Lucas, Katie Ouart, Jacquie Ouart           | 50.97 [fat] 50.73 [mt] |
| 2003 | Rachel Stalzer, Jenny Lucas, Katie Ouart, Jacquie Ouart       | 51.12 [fat] 50.88 [mt] |
| 2002 | Lindsay Stalzer, Katie Ouart, Jacquie Ouart, Candance LaFlora | 50.9                   |
| 1982 | Fields, Harvey, T.Grafton, L.Grafton                          | 51.48[fat] 51.24 [mt]  |
| 1989 | Green, Carrasca, Flint, Toliver                               | 51.4                   |
| 2002 | Kari Hayes ,Katie Ouart, Jacquie Ouart, Candance LaFlora      | 51.5                   |
| 1977 | Wager, Warner, Bumphrey, Guy                                  | 51.7                   |
| 1986 | Lepianka, Flint, Brown, Golby                                 | 51.9                   |
| 1985 | Crowe, Brown, Lepianka, Golby                                 | 51.96                  |
| 2004 | Sara Cervantez, Kelly Cruse, Artisha Ramsey, Kari Hayes       | 52.02                  |
| 1981 | Murray, Harvey, L.Grafton, L.Grafton                          | 52.32 [fat] 52.08 [mt] |
| 1983 | Koepke, Lepianka, T.Grafton, L.Grafton                        | 52.1                   |
|      |   | 52.1                   |

### **F/S 400 meter Relay {4x100}**

| YR   | Team Members  | Time  |
|------|---|-------|
| 1981 | Murray, Harvey, L.Grafton, L.Grafton                      |       |
| 1978 | Wager, Claves, Bowlyou, Roesner                           | 52.1  |
| 1987 | Kodyra, Gruszczyka, Currasca, Flint                       | 53.4  |
| 2001 | Rachel Wakefield, Jenny Lucas, Katie Ouart, Jacquie Ouart | 53.61 |
| 2003 | Shea Boehle, Sami Harker, Kari Hayes, Rachel Stalzer      | 53.7  |
| 1979 | Fields, Hill, Claves, Bowlyou                             | 53.8  |
| 2000 | Jacque Ouart, Annie Barnett, Katie Ouart, Lindsay Stalzer | 53.8  |
| 2003 | Kari Hayes, Kelly Cruse, Sami Harker, Rachel Stalzer      | 54.1  |
| 1977 | Sturtevant, Werner, Wager, Lindbeck                       | 54.31 |
| 1984 | Crowe, Lepianka, Nelson, Golby                            | 54.4  |
|      |   | 54.47 |

## **Kewanee Girls Track & Field All-Time Top 10 Individuals**

### **800 meter Relay {4x200}**

| YR   | Team Members   | Time                       |
|------|--|----------------------------|
| 2003 | Rachel Stalzer, Jenny Lucas, Katie Ouart, Jacquie Ouart      |                            |
| 2004 | Clarissa LaFlora, Artisha Ramsey, Kari Hayes, Rachel Stalzer | 1:47.05 [fat] 1:46.81 [mt] |
| 2003 | Kari Hayes, Jenny Lucas, Katie Ouart, Jacquie Ouart          | 1:47.57 [fat] 1:47.32 [mt] |
| 1989 | Greene, Carrasca, Jackson, Toliver                           | 1:48.3                     |
| 2004 | Kari Hayes, Kelly Cruse, Rachel Stalzer, Clarissa LaFlora    | 1:48.49                    |
| 2002 | Jenny Lucas, Katie Ouart, Jacquie Ouart, Candance LaFlora    | 1:48.7                     |
| 1989 | Greene, Carrasca, Jackson, Toliver                           | 1:49.4                     |
| 1981 | Fields, Harvey, L.Grafton, T.Grafton                         | 1:49.4                     |
| 1982 | L.Grafton, Harvey, Taylor, T.Grafton                         | 1:49.77                    |
| 1975 | Guy, Girkin, Turley, Holtschultz                             | 1:50.2                     |
|      |  | 1:50.5                     |

### **1600 meter Relay {4x400}**

| YR   | Team Members  | Time    |
|------|---|---------|
| 2006 | Sami Harker, Rachel Stalzer, Jessica Jordan, Clarissa LaFlora           |         |
| 2006 | Rachel Stalzer, Jessica Bourque, Jessica Jordan, Clarissa LaFlora       | 4:08.00 |
| 2002 | Jacquie Ouart, Candance LaFlora, Lindsay Stalzer, Amber Feurer          | 4:10.9  |
| 1986 | Lepianka, Carrasca, Reecy, Flint  | 4:13.0  |
| 2007 | Breanne Christiansen, Jessica Bourque, Jessica Hanson, Clarissa LaFlora | 4:13.1  |
| 1985 | Martin, Lepianka, Johnson, Reecy  | 4:14.0  |
| 1986 | Lepianka, Carrasca, J.Blankenbehler, Flint                              | 4:14.1  |
| 2007 | Sara Cervantez, Jessica Bourque, Jessica Hanson, Clarissa LaFlora       | 4:16.1  |
| 1979 | Crowell, Lindbeck, K.Sturevant, Bowlyou                                 | 4:16.2  |
| 1981 | Murray, arvey, L.Grafton, T. Grafton                                    | 4:16.4  |
|      |   | 4:16.5  |



## **Kewanee Girls Track & Field All-Time Top 10 Individuals**

### **Distance Medley Relay {400, 800, 1200, 1600}**

| YR   | Team Members   | Time     |
|------|--|----------|
| 2005 | Sami Harker, Rachel Stalzer, Clarissa LaFlora, Shea Boehle * |          |
| 1987 | Murphy, J. Blackenbehler, L.Blankenbehler, Reecy             | 13:23.80 |
| 1984 | Martin, Hulteen, Jagers, Reecy                               | 13:39.4  |
| 1981 | Taylor, K.Sturtevant, Finin, Roesner                         | 13:43.0  |
| 2004 | Sami Harker, Clarissa LaFlora, Karyssa Martin, Shea Boehle * | 13:51.4  |
| 1985 | Martin, J. Blackenbehler, L.Blankenbehler, Reecy             | 13:53.10 |
| 1986 | J. Blackenbehler, Carrasca, L.Blankenbehler, Reecy           | 14:03.49 |
| 1990 | Salisbury, J.Stollenwerk, K.Brady, L.Brady                   | 14:16.8  |
| 1982 | Andrews, C.Sturtevant, Pegram, Jagers                        | 14:37.05 |
| 1980 | Harvey, K.Sturtevant, Calcutt, Pegram                        | 14:42.0  |
|      | <i>*race was run 800,400, 1200, 1600</i>                     | 14:43.4  |

### **1600 meter Sprint Medley {200,200, 400, 800}**

| YR   | Team Members   | Time    |
|------|--|---------|
| 2006 | Sara Cervantez, Jessica Jordan, Sami Harker, Clarissa LaFlora    |         |
| 2007 | Macie Huff, Caitlynn Counterman, Jessica Bourque, Jessica Hanson | 4:38.8  |
| 1977 | Guy, Warner, C.Sturtevant, Henkins                               | 4:42.2  |
| 1999 | Jill Schueneman, Lindsay Stalzer, Becca Davis, Amber Feurer      | 4:42.8  |
| 2000 | Lexi Peart, Katie Ouart, Becca Davis, Amber Feurer               | 4:45.0  |
| 2004 | Sara Cervantez, Amy Pann, Sami Harker, Karyssa Martin            | 4:46.0  |
| 2002 | Jenny Lucas, Katie Ouart, Amber Feurer, Karyssa Martin           | 4:47.3  |
| 2001 | Lindsay Stalzer, Lexi Peart, Katie Ouart, Amber Feurer           | 4:48.0  |
| 2003 | Artisha Ramsey, Kelly Cruse, Sami Harker, Caitlyn Ryan           | 4:48.05 |
|      |  | 4:54.6  |

## **Kewanee Girls Track & Field All-Time Top 10 Individuals**

### **432 Low Hurdle Shuttle**

| YR   | Team Members  | Time  |
|------|---|-------|
| 2003 | Kari Hayes, Kelly Cruse, Artisha Ramsey, Rachel Stalzer           |       |
| 2005 | Kelly Cruse, Breanne Christiansen, Sara Cervantez, Rachel Stalzer | 62.2  |
| 2006 | Shea Boehle, Sara Cervantez, Macie Huff, Rachel Stalzer           | 63.9  |
| 2004 | Kari Hayes, Artisha Ramsey, Kelly Cruse, Rachel Stalzer           | 66.2  |
| 1988 | Ke. Goreth, VanWinkle, Loncka, Carrasca                           | 66.5  |
| 1989 | Loncka, VanWinkle, Carrasca, Little                               | 68.71 |
| 1990 | Loncka, DeColter, VanWinkle, Little                               | 69.05 |
| 2000 | Hernandez, Dana, Pont, Johnson                                    | 69.4  |
| 1986 | Ka. Goreth, Ke. Goreth, Lepianka, Carrasca                        | 69.4  |
| 1987 | Ka. Goreth, Ke. Goreth, VanWinkle, Carrasca                       | 69.64 |
|      |   | 69.8  |

### **Varsity Team Points in a Season (as of 1999)**

| YR   | Name               | Points Scored |
|------|--------------------|---------------|
| 2006 | Rachel Stalzer     | 343.25        |
| 2001 | Lindsay Stalzer    | 256.5         |
| 2002 | Lindsay Stalzer    | 253.5         |
| 2000 | Lindsay Stalzer    | 228.75        |
| 2012 | Freya Block        | 227           |
| 2013 | Freya Block        | 222           |
| 2004 | Rachel Stalzer     | 213.5         |
| 2014 | Raeshonda Chandler | 219.5         |
| 2005 | Rachel Stalzer     | 209           |
| 2011 | Freya Block        | 195.25        |

2011 Lauren Jonmarer

195.25

*\*all points are figured with relay points being split*